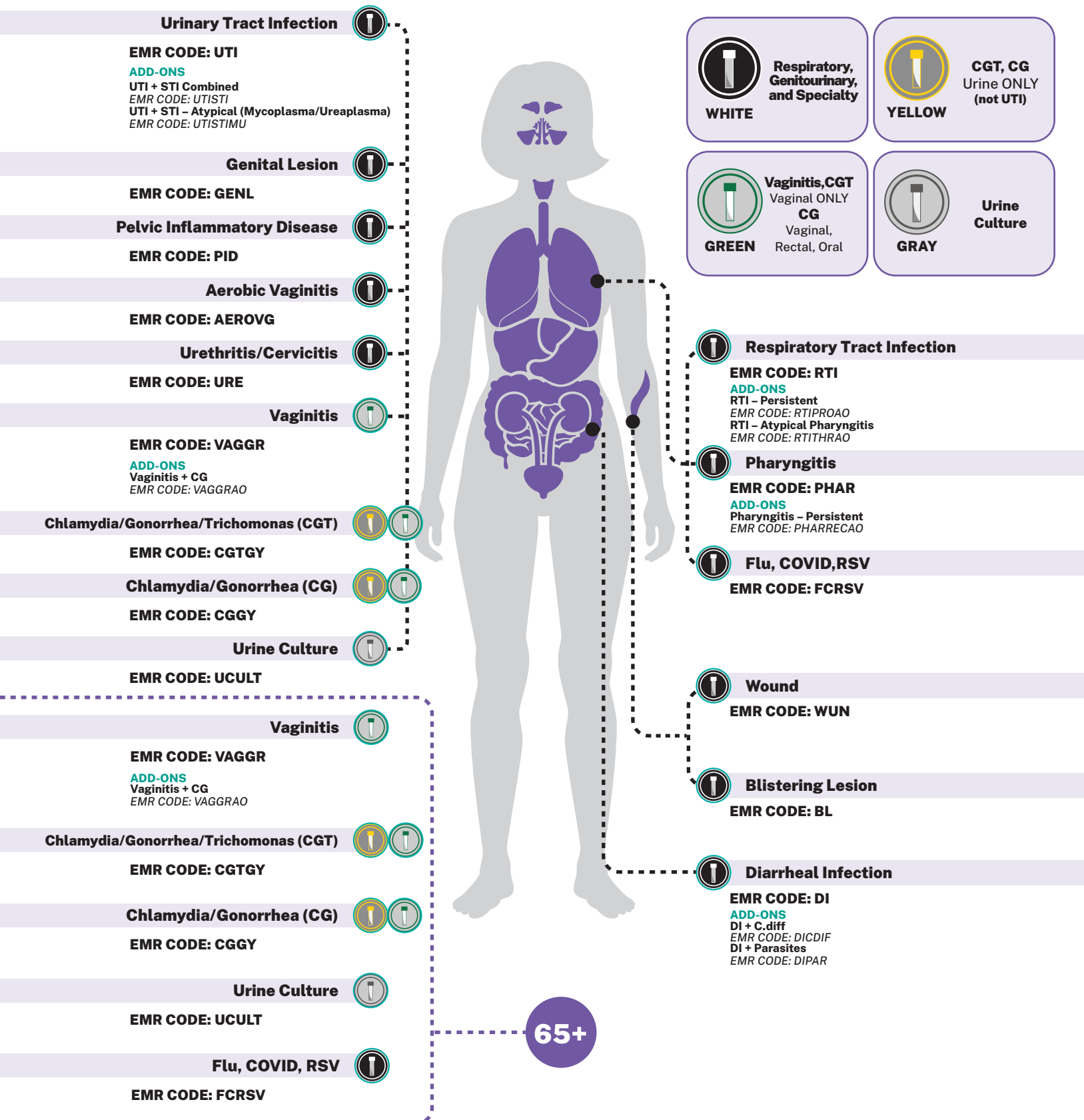


WOMEN'S HEALTH

May 2026





HEALTH  TRACK

Introduction Letter

Women's Health

HealthTrack is proud to offer a Women's Health testing portfolio designed to support timely, clinically relevant care. As the nation's premier molecular diagnostics laboratory purpose-built for next-morning results, HealthTrack enables providers to move quickly from assessment to action with confidence.

Our Women's Health solutions are aligned with outpatient clinical guidelines, streamlining ordering while supporting targeted, evidence-based treatment decisions. Test today and get answers tomorrow, helping reduce unnecessary antibiotic use, improve patient outcomes, and minimize return visits.

From vaginitis and STI testing (Chlamydia, Gonorrhea, Trichomonas) to aerobic vaginitis, pelvic inflammatory disease (PID), and urine culture, and with access to respiratory and specialty infectious disease testing, HealthTrack delivers molecular diagnostics specifically designed for Women's Health providers and their patients.

For the senior (age 65+) patient population, HealthTrack now offers a Senior Test Menu for the following conditions: Chlamydia/Gonorrhea/Trichomonas and Vaginitis, Urinary Tract Infection (urine culture), and Respiratory Virus (Flu/COVID/RSV).

*Whether you are a current, new, or prospective client, we welcome you to join us on our mission of **Getting People Healthier Faster.***

IDENTIFYING INFECTIONS

Syndromic Menu Ordering Reference Guide

Women's Health



WHITE

Genitourinary

Urinary Tract Infection **UTI**

SPECIMEN TYPES: Urine (voided), Urine (catheter)

COMMON SIGNS & SYMPTOMS: Dysuria, hematuria, urgency of urination, frequency of micturition, or pain of micturition.

Bacterial

Acinetobacter baumannii
Citrobacter freundii
Enterobacter cloacae complex, Klebsiella
(Enterobacter) aerogenes
Enterococcus faecalis, faecium
Escherichia coli
Klebsiella pneumoniae, oxytoca
Morganella morganii
Proteus mirabilis, vulgaris
Pseudomonas aeruginosa
Serratia marcescens

Staphylococcus aureus
Staphylococcus epidermidis, haemolyticus,
luggdunensis
Staphylococcus saprophyticus
Streptococcus agalactiae (Group B Strep)

Fungal

Candida albicans, parapsilosis, tropicalis
Candida glabrata (Nakaseomyces glabratus)
Candida krusei (Pichia kudriavzevii)

Resistance

ACT, MIR, FOX, ACC Groups
CTX-M Groups
dfr (A1, A5), sul (1, 2)
ermA, B, C; mefA
IMP, NDM, VIM Groups
mecA (Methicillin Resistance)
OXA Groups
qnrA, qnrB
SHV, KPC Groups
tet B, tet M
VanA, VanB

ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

UTISTI

UTI + STI Combined Chlamydia trachomatis, Mycoplasma genitalium, Neisseria gonorrhoeae, Trichomonas vaginalis

UTISTIMU

UTI + STI – Atypical (Mycoplasma/Ureaplasma) Mycoplasma hominis, Ureaplasma parvum, Ureaplasma urealyticum

Genital Lesion **GENL**

SPECIMEN TYPES: Genital Ulcer/Lesion, Ulcer/Lesion

COMMON SIGNS & SYMPTOMS: Genital ulcer or lesion.

Bacterial

Chlamydia trachomatis
Haemophilus ducreyi (Chancroid)
Treponema pallidum (Syphilis)

Viral

Herpes simplex virus 1
Herpes simplex virus 2
Mpox (Monkeypox)

Pelvic Inflammatory Disease **PID**

SPECIMEN TYPES: Cervical/Vaginal/Cervicovaginal/Endometrial

COMMON SIGNS & SYMPTOMS: Lower abdominal pain, abnormal vaginal bleeding, urinary frequency, and vaginal discharge.

Bacterial

Actinomyces israelii
Chlamydia trachomatis
Mycoplasma genitalium

Mycoplasma hominis

Neisseria gonorrhoeae
Treponema pallidum (Syphilis)

Aerobic Vaginitis **AEROVG**

SPECIMEN TYPES: Vaginal

COMMON SIGNS & SYMPTOMS: Vaginal discharge, odor, burning, itching, and painful intercourse. Clinical concern of aerobic vaginitis.

Bacterial

Enterococcus faecalis, faecium
Escherichia coli
Staphylococcus aureus
Streptococcus agalactiae (Group B Strep)

Resistance

ACT, MIR, FOX, ACC Groups
CTX-M Groups
dfr (A1, A5), sul (1, 2)
IMP, NDM, VIM Groups
mecA (Methicillin Resistance)

OXA Groups

qnrA, qnrB
SHV, KPC Groups

Urethritis/Cervicitis **URE**

SPECIMEN TYPES: Urine, Internal Urethra **SPECIMEN TYPES:** Cervical/Vaginal/Cervicovaginal/Endometrial

COMMON SIGNS & SYMPTOMS: Pain with urination, itching, burning, and discharge.

Bacterial

Chlamydia trachomatis
Mycoplasma genitalium
Mycoplasma hominis
Neisseria gonorrhoeae

Ureaplasma parvum

Ureaplasma urealyticum

Viral

Herpes simplex virus 1
Herpes simplex virus 2

Protozoal

Trichomonas vaginalis

IDENTIFYING INFECTIONS

Syndromic Menu Ordering Reference Guide

Women's Health



GREEN

Vaginitis **VAGGR**

SPECIMEN TYPES: Vaginal

COMMON SIGNS & SYMPTOMS: Vaginal discharge, odor, itching, irritation, bacterial vaginosis, vulvovaginal candidiasis.

Bacterial

Bacterial Vaginosis

Protozoal

Trichomonas vaginalis

Fungal

Candida albicans, parapsilosis, tropicalis, dubliniensis

Candida glabrata (Nakaseomyces glabratus)

Candida krusei (Pichia kudriavzevii)



ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

VAGGRAO

Vaginitis + CG Chlamydia trachomatis, Neisseria gonorrhoeae



YELLOW

Chlamydia/Gonorrhea/Trichomonas (CGT) **CGTGY**

SPECIMEN TYPES: Urine (voided)

SPECIMEN TYPES: Vaginal

COMMON SIGNS & SYMPTOMS: High risk heterosexual behavior, high risk homosexual behavior, or suspected exposure to a sexually transmitted infection.

Bacterial

Chlamydia trachomatis

Neisseria gonorrhoeae

Protozoal

Trichomonas vaginalis



GREEN



YELLOW

Chlamydia/Gonorrhea (CG) **CGGY**

SPECIMEN TYPES: Urine (voided)

SPECIMEN TYPES: Vaginal, Rectal, Oral

COMMON SIGNS & SYMPTOMS: High risk heterosexual behavior, high risk homosexual behavior, or suspected exposure to a sexually transmitted infection.

Bacterial

Chlamydia trachomatis

Neisseria gonorrhoeae



GREEN



GRAY

Urine Culture **UCULT**

SPECIMEN TYPES: Urine (voided), Urine (catheter)

COMMON SIGNS & SYMPTOMS: Routine urine culture with reflex to antimicrobial susceptibility testing.



WHITE

Respiratory

Respiratory Tract Infection **RTI**

SPECIMEN TYPES: Nasopharyngeal/Nares, Oropharynx/Throat/Oral, Cough Sputum

COMMON SIGNS & SYMPTOMS: Upper or lower respiratory tract Infection, high-grade fever, acute cough, runny nose, pain in throat, wheezing, or nasal congestion.

Bacterial

Bordetella pertussis, parapertussis, bronchiseptica

Chlamydia pneumoniae

Mycoplasma pneumoniae

Viral

Adenovirus

Coronaviruses (229E, NL63, HKU1, OC43)

COVID-19 Coronavirus (SARS-CoV-2)

Enterovirus D68

Human metapneumovirus

Influenza virus A, B

Parainfluenza virus (types 1, 2, 3, 4)

Respiratory syncytial virus

Rhinovirus/Enterovirus



ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

RTIPROAO

RTI – Persistent Haemophilus influenzae, Moraxella catarrhalis, Streptococcus pneumoniae

RTITHRAO

SPECIMEN TYPE: Oropharynx/Throat/Oral ONLY

RTI – Atypical Pharyngitis Epstein-Barr Virus (Human Herpesvirus 4), Fusobacterium nucleatum, necrophorum, Streptococcus dysgalactiae (Group C/G Strep)

IDENTIFYING INFECTIONS

Syndromic Menu Ordering Reference Guide

Women's Health

Pharyngitis PHAR

SPECIMEN TYPES: *Oropharynx/Throat/Oral*

COMMON SIGNS & SYMPTOMS: Pain in throat, fever, pharyngeal edema, patchy tonsillar exudates, and tender/swollen anterior cervical lymph nodes.

Bacterial

Chlamydia pneumoniae
Mycoplasma pneumoniae
Streptococcus pyogenes (Group A Strep)

Viral

Adenovirus
Coronaviruses (229E, NL63, HKU1, OC43)
COVID-19 Coronavirus (SARS-CoV-2)
Enterovirus D68
Human metapneumovirus

Influenza virus A, B
Parainfluenza virus (types 1, 2, 3, 4)
Respiratory syncytial virus
Rhinovirus/Enterovirus



ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

PHARRECAO

Pharyngitis – Persistent Epstein-Barr Virus (Human Herpesvirus 4), Fusobacterium nucleatum, necrophorum, Streptococcus dysgalactiae (Group C/G Strep)

Flu, COVID, RSV FCRSV

SPECIMEN TYPES: *Nasopharyngeal/Nares*

COMMON SIGNS & SYMPTOMS: Acute upper respiratory tract infection, high-grade fever, cough, runny nose, pain in throat, wheezing, nasal congestion, shortness of breath, malaise.

Viral

COVID-19 Coronavirus (SARS-CoV-2)
Influenza virus A, B
Respiratory syncytial virus



WHITE

Specialty

Diarrheal Infection DI

SPECIMEN TYPES: *Rectal (fecal), Stool*

COMMON SIGNS & SYMPTOMS: Infectious gastroenteritis with diarrhea, significant fever, and/or bloody stool.

Bacterial

Campylobacter coli, jejuni, upsaliensis
Enteroinvasive E. coli (EIEC) / Shigella spp
Enteropathogenic E. coli (EPEC)
Enterotoxigenic E. coli (ETEC)
Salmonella

Shiga toxin-producing E. coli (STEC)
Shiga toxin-producing E. coli O157 (STEC O157)
Vibrio cholerae, parahaemolyticus, vulnificus
Yersinia enterocolitica

Viral

Adenovirus F40/41
Astrovirus
Norovirus (Genogroup 1, 2)
Rotavirus A
Sapovirus



ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

DICDIF

DI + C. Diff Clostridioides difficile (toxins A, B)

DIPAR

DI + Parasites Cryptosporidium, Cyclospora cayetanensis, Dientamoeba fragilis, Entamoeba histolytica, Giardia lamblia (intestinalis), Microsporidium (Enterocytozoon bienersi, Encephalitozoon intestinalis)

Wound WUN

SWAB SITES: *Wound Swabs (all locations)*

COMMON SIGNS & SYMPTOMS: Recent wound from trauma with erythema, edema, heat, purulent exudate, and/or pain.

Bacterial

Bacteroides fragilis, Phocaeicola vulgatus
Enterobacter cloacae complex, Klebsiella (Enterobacter) aerogenes
Escherichia coli
Klebsiella pneumoniae, oxytoca
Proteus mirabilis, vulgaris
Pseudomonas aeruginosa
Serratia marcescens
Staphylococcus aureus
Streptococcus agalactiae (Group B Strep)
Streptococcus pyogenes (Group A Strep)

Vibrio cholerae, parahaemolyticus, vulnificus

Viral

Herpes simplex virus 1
Herpes simplex virus 2
Varicella zoster virus (Human Herpesvirus 3, VZV)

Fungal

Candida albicans, glabrata, parapsilosis, tropicalis

Resistance

ACT, MIR, FOX, ACC Groups
CTX-M Groups
dfr (A1, A5), sul (1, 2)
ermA, B, C; mefA
IMP, NDM, VIM Groups
mecA (Methicillin Resistance)
OXA Groups
qnrA, qnrB
SHV, KPC Groups
tet B, tet M
VanA, VanB

Blistering Lesion BL

SWAB SITES: *Wound Swabs (all locations)*

COMMON SIGNS & SYMPTOMS: Fluid-filled lesions on the skin.

Bacterial

Staphylococcus aureus
Streptococcus pyogenes (Group A Strep)

Viral

Herpes simplex virus 1
Herpes simplex virus 2
Varicella zoster virus (Human Herpesvirus 3, VZV)

Resistance

mecA (Methicillin Resistance)

IDENTIFYING INFECTIONS

Syndromic Menu Ordering Reference Guide

Women's Health

65+ Senior 65+



GREEN

Vaginitis **VAGGR**

SPECIMEN TYPES: Vaginal

COMMON SIGNS & SYMPTOMS: Vaginal discharge, odor, itching, irritation, bacterial vaginosis, vulvovaginal candidiasis.

Bacterial

Bacterial Vaginosis

Protozoal

Trichomonas vaginalis

Fungal

Candida albicans, parapsilosis, tropicalis, dubliniensis

Candida glabrata (Nakaseomyces glabratus)

Candida krusei (Pichia kudriavzevii)



ADD-ONS: Panel codes include pathogens above and additional pathogens listed below. Order using only the code below; it includes the base panel and the additional pathogens listed.

VAGGRAO

Vaginitis + CG Chlamydia trachomatis, Neisseria gonorrhoeae



YELLOW

Chlamydia/Gonorrhea/Trichomonas (CGT) **CGTGY**

SPECIMEN TYPES: Urine (voided)

SPECIMEN TYPES: Vaginal

COMMON SIGNS & SYMPTOMS: High risk heterosexual behavior, high risk homosexual behavior, or suspected exposure to a sexually transmitted infection.

Bacterial

Chlamydia trachomatis

Neisseria gonorrhoeae

Protozoal

Trichomonas vaginalis



GREEN



YELLOW

Chlamydia/Gonorrhea (CG) **CGGY**

SPECIMEN TYPES: Urine (voided)

SPECIMEN TYPES: Vaginal, Rectal, Oral

COMMON SIGNS & SYMPTOMS: High risk heterosexual behavior, high risk homosexual behavior, or suspected exposure to a sexually transmitted infection.

Bacterial

Chlamydia trachomatis

Neisseria gonorrhoeae



GREEN



GRAY

Urine Culture **UCULT**

SPECIMEN TYPES: Urine (voided), Urine (catheter)

COMMON SIGNS & SYMPTOMS: Routine urine culture with reflex to antimicrobial susceptibility testing.



WHITE

Flu, COVID, RSV **FCRSV**

SPECIMEN TYPES: Nasopharyngeal/Nares

COMMON SIGNS & SYMPTOMS: Acute upper respiratory tract infection, high-grade fever, cough, runny nose, pain in throat, wheezing, nasal congestion, shortness of breath, malaise.

Viral

COVID-19 Coronavirus (SARS-CoV-2)

Influenza virus A, B

Respiratory syncytial virus

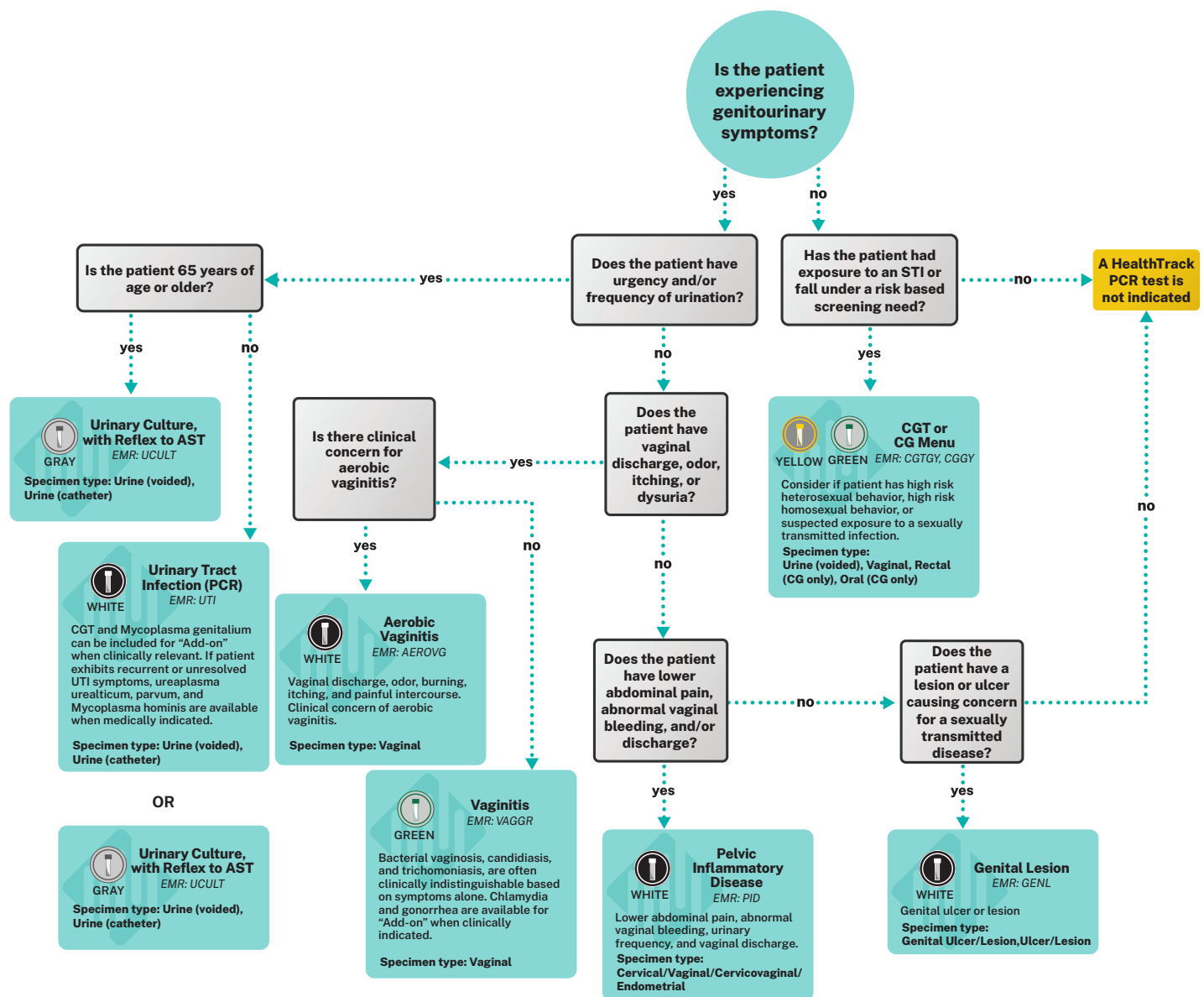


GENITOURINARY INFECTION

Menu Selection Guide

Women's Health

May 2026



Interpreting Urinalysis Results¹

Leukocyte Esterase
Nitrite

Sensitivity - 79%
Sensitivity - 49%

Specificity - 87%
Specificity - 98%

How to select the right sample type for your patient:

Female Patients

When symptoms are predominantly localized to the urinary tract, a urine specimen is the preferred sample type for pathogen detection.

It is important to note that HealthTrack molecular testing is less prone to sample contamination due to the sample media present in the collection tube. This means contamination is less likely to impact results regardless if you choose to do a clean or dirty catch.

If symptoms are predominantly associated with the genital tract, a vaginal swab is the preferred type for accurate pathogen detection.

These are recommendations only. Providers should always use their best clinical judgement.

1. Kaplan, D., Yates, J., Takacs, E., Badalato, G., & Kaufmann, M. (2020, April). Medical Student Curriculum: Adult UTI. American Urological Association. <https://www.auanet.org/meetings-and-education/for-medical-students/medical-students-curriculum/adult-uti>

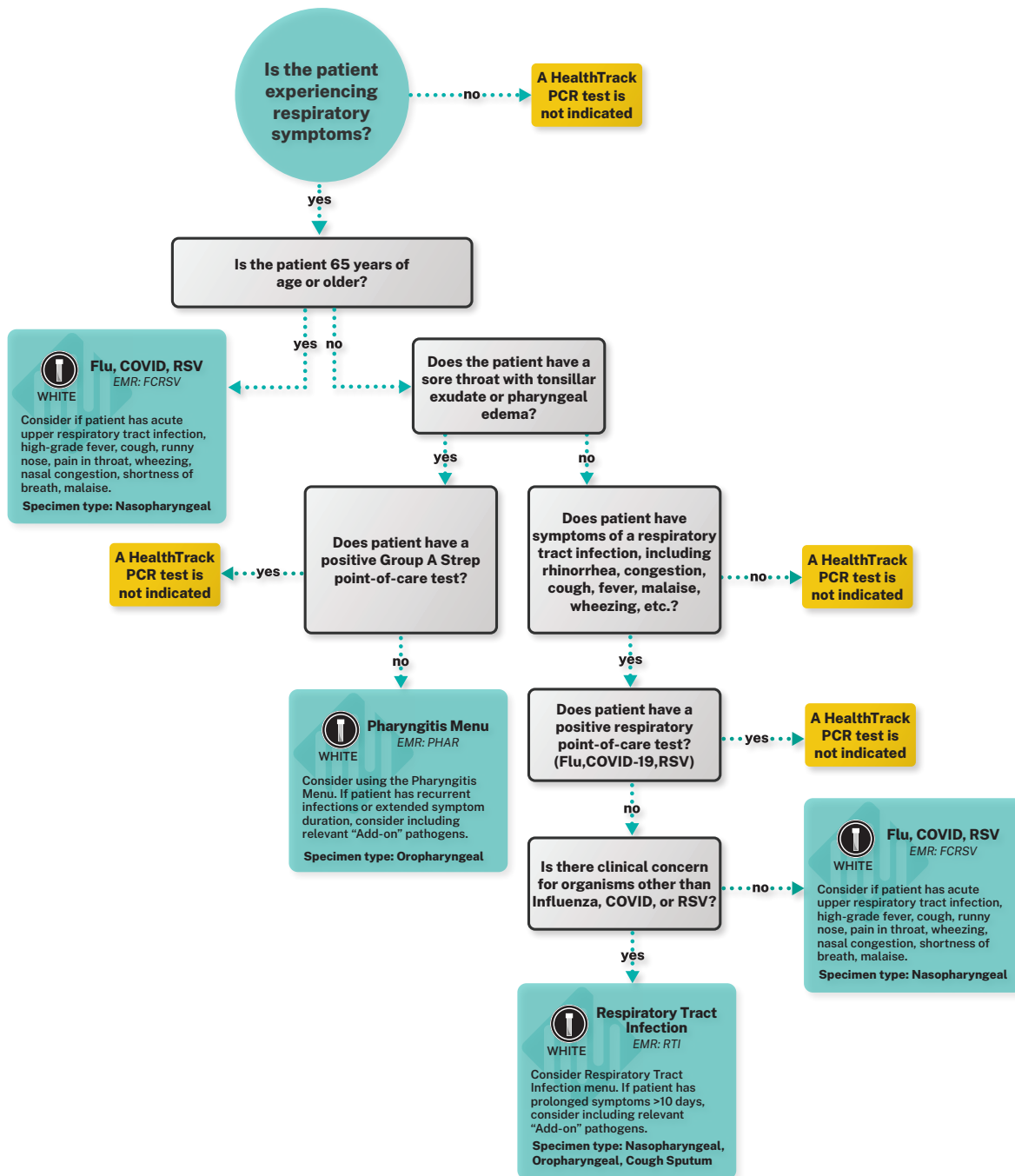


RESPIRATORY INFECTION

Menu Selection Guide

Women's Health

May 2026



These are recommendations only. Providers should always use their best clinical judgement.

CDC Antibiotic Treatment Recommendations

Adult¹ Outpatient

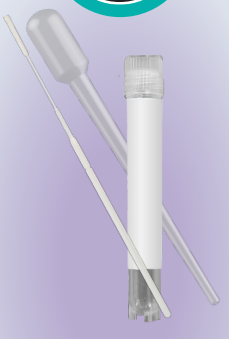
Acute rhinosinusitis/uncomplicated bronchitis: Watchful waiting is encouraged for uncomplicated cases where bacterial infection is established and for which reliable follow-up is available.

¹ Outpatient Clinical Care for Adults. CDC Antibiotic Prescribing and Use. <https://www.cdc.gov/antibiotic-use/hcp/clinical-care/adult-outpatient.html>

Want Faster Results? Here are some reminders!

Use the Right Device:

Always use the correct collection tubes and containers provided for each specific test.

White Top

USE FOR:
Respiratory, Genitourinary
(except Vaginitis/CGT),
and all Specialty menus
Transfer no more than 1 mL of urine




Green Top

USE FOR:
Vaginitis, CGT (Vaginal only),
CG (Vaginal, Rectal, Oral)
EMR CODE:
VAGGR, CGTGY, CGGY
Do not use lubricants or other products
containing substances such as carbomers




Yellow Top

USE FOR:
CGT, CG (Urine only)
EMR CODE: CGTGY, CGGY
Transfer 2 mL of urine




Gray Top

USE FOR:
Urine Culture
EMR CODE: UCULT

Sample Ordering Reminders

Order Correctly

- ▶ One sample tube per menu ordered
- ▶ Click send on the order

Label Clearly

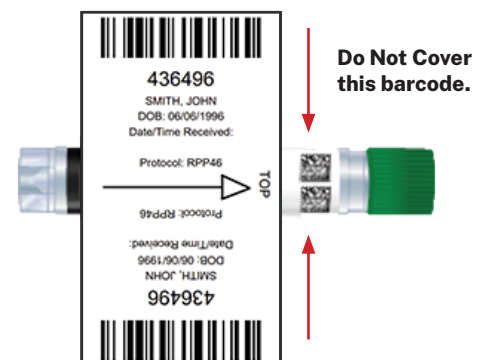
- ▶ Patient first and last name + date of birth
- ▶ Include collection site on all tubes

Seal and Store

- ▶ Secure lid tightly
- ▶ Seal specimen bag
- ▶ Include necessary paperwork
- ▶ PCR samples are stable at room temperature for 7 days, culture sample for 48 hours.

Sample Pick-Up

- ▶ Place all samples in one shipping bag
- ▶ Seal bag completely



Do NOT apply labels or markings across the cap or over the barcode at the top of the product label. The label must wrap fully around the tube and overlap itself, wrapped tightly and smoothed securely onto the tube with no loose edge, tail or wing exposed.

RightTrack Report by HEALTH TRACK

CLIA# 18D2319534
2425 Universal Way
Louisville, KY 40219
Lab Director
John Doe, MD

PAGE 1 OF 2



PATIENT INFORMATION

Name: Patient Sample
DOB: 01/01/1987
Sex at Birth: F
Address: 123 Resident Street
City, State, Zip
Phone: 123.456.7890
Race:
Ethnicity:



SPECIMEN INFORMATION

Menu: Vaginitis (GRN)
Lab Accession Number: 13044771
Specimen Type: GRN : Vaginal Swab
Date Collected: 03/15/2026
Date Received by Lab: 03/16/2026
Date Reported: 03/16/2026
Cross Reference #:



FACILITY INFORMATION

Facility Name: Women's OBGYN
Provider Name: Doctor Test, MD
NPI: 100000000
Address: 123 Main Street
City, State, Zip
Phone: 555.555.5555

TEST RESULTS

ORGANISMS	TARGETS	DETECTION STATUS	MICROBIAL LOAD
	Bacterial Vaginosis	Detected	Positive
	Bacterial Vaginosis is reported as a qualitative result from algorithmic based detection of the following organisms: Lactobacillus crispatus, Lactobacillus jensenii, Gardnerella vaginalis, Atopobium vaginae, Bacterial Vaginosis Associated Bacteria-2 (BVAB-2), and Megaspheara-1.		

Detected pathogens are listed here.

Microbial loads for applicable bacterial pathogens or CFU equivalence for UTI pathogens will appear here.

CONSIDERATIONS FOR THERAPY

The information below lists agents that may be considered for therapy based on detected organisms and/or resistance markers. This information does not constitute medical advice. Clinical management and treatment decisions remain the sole responsibility of the ordering healthcare provider.

(P) Primary therapy consideration (A) Alternative therapy consideration (N/A) Not Applicable



References and guidelines used to develop this table.

Easily locate important clinical information based on the most up to date clinical guidelines

A new summary table lists antimicrobial options based on relevant outpatient guidelines, assisting you in quickly and efficiently assessing effective therapy and their alternatives based on the detected pathogen.

CLASS OF ANTIMICROBIAL AGENTS	ANTIBIOTIC (ADMINISTRATION)	Bacterial Vaginosis
Lincosamide	Clindamycin (po/VAG)	A
	Metronidazole (po/VAG)	P
Nitroimidazole	Tinidazole	A
	Secnidazole	A

TARGETS TESTED

Positive targets are bolded

BACTERIAL ORGANISMS

Bacterial Vaginosis
Chlamydia trachomatis
Neisseria gonorrhoeae

PROTOZOAL ORGANISMS

Trichomonas vaginalis

FUNGAL ORGANISM

Candida albicans, parapsilosis
Candida glabrata (Nakaseo
Candida krusei (Pichia kudr

Our therapy considerations table now includes clear, simple definitions all based on outpatient treatment guidelines

P : primary therapy consideration

A : alternative therapy consideration activity

N/A: therapy is not applicable to the detected pathogen

All organisms and resistance genes that were tested are listed here, the former categorized by pathogen type — bacteria, virus, fungus, protozoa.

The pathogens and resistance genes that were detected are bolded for easy reference.

Have questions regarding testing?

The HealthTrack Medical Science Liaison team is here to help!



Clinical Expert Line: 940-383-2223

- ▶ Menu education
- ▶ Patient report reviews
- ▶ Specific pathogen questions
- ▶ Information on relevant guidelines
- ▶ Research questions
- ▶ And much more!

HEALTH  TRACK

Customer Care: 866-287-3218
client.relations@HealthTrackRx.com

Getting People Healthier Faster.
HealthTrackRx.com

